

# Duo Step

**Name:** **Double Step 13.02.07**  
**Choreographie:** **Seasun Zieger** **seasunz.com**  
**Level:** **intermediate**

**Ausführung:** **STEPS quer hintereinander**  
**Blick zum Spiegel**  
**(man hat 2 STEPs vor sich)**

RL=right foot lead LL=left foot lead

## Combination #1

Starts with a right foot lead on HOME ends with a left foot lead on AWAY

RL 3 "chop taps" on top of home bench  
grapevine off bench  
on the floor, heel tap, toe tap, heel tap  
shuffle turn step  
samba straddle (stomp, straddle, stomp)  
travel toward away bench  
over face in your away bench  
"Split Step" up left, up right, turn your body to the right  
straddle down  
split step again (same lead)  
straddle down  
step left-double knee / up & back exit to your right  
right foot-glute ball change across  
RL-sweep the corner, rock down, up, shoot, exit right lead (option: sweep both corners)  
glute ball change back across  
"Stick!" a knee (single knee up..or....jump, hold)

## Combination #2

starts with a left foot lead on AWAY ends with a right foot lead at HOME

LL up, up, lunge, knee lift, lunge twist, 5 quick shuffle steps, knee exit  
(this is not a lead changing move)  
LL"Giddy Up"...reverse 2 hamcurls on top, stomp down, up, down, exit (option: 2 hams  
on top, march 4 on the floor)  
LL TRAVELING to HOME...  
double hop on AWAY  
double hop on the floor  
double hop on HOME  
exit with a RL facing front of the room  
RL "Revolving Ball Change" (up, up, swith, down down...up, up, switch, down down)  
samba...(stomp end to end)  
RL-4 knee Rhythmic Repeater  
LL-2 knee repeater other end  
(2 repeater option: pendulum...up, hesitate, spring forward then back, exit)

Combination # 3

starts with a RL on HOME ends with a LL on AWAY

step, kick ball change, kick

hip hop (step left, lift right knee, put right foot down, twist to side)

4 turning knees or curls to other end of HOME bench

hustle over HOME 2 times (this is a quick paced over the top)

skip 2 single knees toward AWAY bench, hop turn over AWAY with a double knee

RL-skip 3 and a cha cha (this is just a repeater knee with direction and a cha cha down so that your lead does not change)

RL kick to back of room, kick around and straddle (option: kick to back of room, kick to front of room)

RL toward back of room Repeater "hide it, show it"

LL V-up jack, in, out, in left knee exit.

START ALL OVER with a LL

ENJOY!!!!!!!!!!!!!!!!!!!! ~Season~